

Palos Hills Surgery Center, LLC

Surgery Date: _____

Surgery Scheduler: _____ Phone: _____

Post Op Appointment _____

Thank you for choosing MidAmerica Orthopaedics and Palos Hills Surgery Center for your surgical needs. Our entire team is working hard to make your surgical experience efficient and satisfactory in every way possible. To make the surgical process smoother, please note the following items:

- **Please complete your medical health history online as soon as possible.** Please visit our website www.paloshillssc.com and click on “Pre-op Medical History” then on “Your One Medical Passport” in the bottom left corner to register and complete your health history. Your completed health history will go directly and securely to our nursing staff and you will be able to print your preoperative instructions. A nurse will call you before your surgery to review your health history and answer any questions you may have. If you are not able to complete your health history online, please call our nursing staff as soon as possible at 708-237-7291.

Please note the following clinical instructions for your surgery:

- If you need lab testing, you will be given a prescription to take to the lab of your choice. Please have your testing done as soon as possible so we receive your results in time and your surgery is not delayed.
- Do not take aspirin or aspirin-related products for one week prior to surgery. Tylenol is okay, but anti-inflammatories such as Advil, Motrin and Nuprin should be avoided.
- The surgery center staff will call you the day before your surgery to give you your arrival time.
- If you are having anesthesia, do not eat or drink anything after midnight the night prior to surgery. If you have surgery in the afternoon, do not eat or drink 8 hours before your surgery time. **Your Anesthesia Type:** _____
- The effects of general anesthesia may make you groggy for several hours after surgery, so you will not be permitted to drive yourself home, nor do we allow taking a taxi home. A friend or family member should accompany you for surgery and should not leave the surgery center while you are in surgery.
- The day following your surgery, a nurse will call you to check on how you're doing.

Please note the following financial information:

1. Your outpatient surgery and physician surgery benefits will be verified and payment of your estimated portion is due on the day of surgery. You will receive a letter and/or phone call prior to surgery with the estimated amount due on the day of surgery. We accept cash, check, Visa, MasterCard, Discover and American Express.
2. **Please bring payment and insurance cards with you on the day of surgery.**

If you have questions prior to your surgery, please call 708-237-7290 for general or insurance questions and 708-237-7291 for clinical questions.